



Our youth, tomorrow's future!

FitKidz ProFit HP Shake

NUTRITION FACTS CONTENT

Total Energy (kJ)

Protein (g)

Carbohydrates

Total Fat

Total Soluble & Insoluble Fibre



DIRECTIONS: Add one slightly rounded scoop to 280 - 300 ml water or milk and mix thoroughly. Drink as soon as possible. For the best results combine with a restricted energy controlled eating plan and an exercise program.

Take 1 - 3 servings daily as a snack or a light meal replacement.

 1 x scoop



280 - 300 ml of water or milk

Store below 25 °C, in a dry place. Keep out of reach of children. Use within 2 months after opening the container.

Allergens: lactose FREE

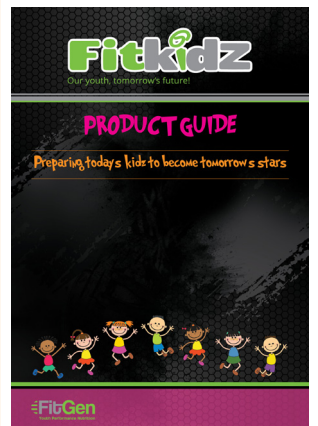
WARNING:

This product contains L-Phenylalanine. Individuals who have the metabolic genetic disorder Phenylketonuria should not use this product. Product has not been evaluated by the MCC and does not intend to diagnose, treat, cure or prevent any form of illness or disease and should not replace any medication.

This product is manufactured in a facility which may on occasion process egg, soy, dairy, peanuts, tree nuts, and crustaceans. This product may contain traces of said elements.

A PRODUCT OF:  **FitGen**
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FitKidz Endurance

NUTRIENTS

Energy (kJ)
Protein (g)
Glycaemic Carbohydrates (g)
of which are sugars (g)
Total Fat (g)
Fibre (g)
Sodium (mg)
Potassium (mg)
Calcium (mg)
Magnesium (mg)
Phosphorous (mg)

MINERALS

Chromium

OTHER INGREDIENTS:


Co-Enzyme Q10, Maltodextrin, Dextrose, Fructose, Mixed Berry Flavour, Colourants, Oligosaccharides, Mono-Saccharides, Di-Saccharides, Tri-Saccharides, Citric Acid, Cloudifier, Sodium Benzoate, Anti-Caking.

ALLERGENS: NO COMMON ALLERGENS HAVE BEEN ADDED.

DIRECTIONS:

Add one slightly rounded scoop to 500 ml water and mix thoroughly. Drink during training. Take 1 - 3 servings daily as per training sessions.

 1 x scoop

 + 500 ml of water

WARNINGS:

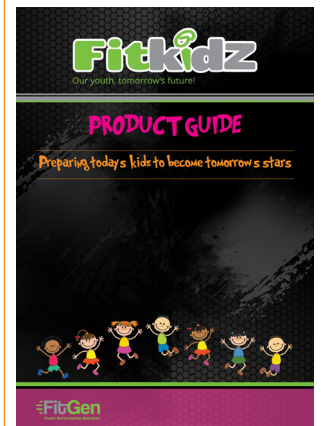
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STORE BELOW 25° C IN A DRY PLACE.

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FitKidz Vitamin-B Fusion

COMPOSITION:

Each 2.5 ml FitKidz VitaminB Fusion Contains:

Folic Acid

Nicotinamide

Ferrous Sulphate

Ribonflavin

Thiamine HCl

Preservatives:

Methyl Paraben

Propyl Paraben

DOSAGE AND DIRECTIONS OF USE:

(Can be diluted with water)

3 Months – 3 Years: 2.5ml early in the morning.

3 Years – 12 Years: 5ml early in the morning.

Adults: 10ml early in the morning.

SPECIAL PRECAUTIONS:

If you experience any sensitivity to any of the ingredients, discontinue use, and contact your healthcare provider.

PREGNANCY AND LACTATION:

Not recommended for pregnant or lactating women.

STORAGE INSTRUCTIONS:

Store in a cool, dry place below 25 degrees Celsius. Keep from freezing.

WARNINGS:

Do not exceed the dosage.

Keep out of reach of children.

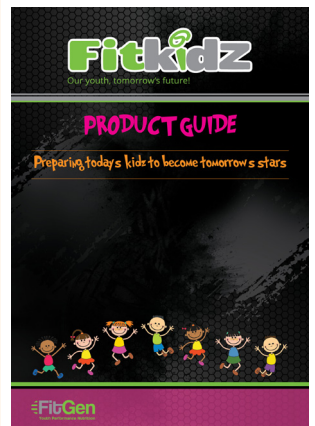
DISCLAIMER:

This medicine has not been evaluated by the Medicines Control Council. This medicine is not intended to diagnose, treat, cure or prevent any disease.

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FitKidz Multivite Chewy

COMPOSITION

Vitamin A Palmitate 250
Vitamin B1 Thiamine HCl
Vitamin B2 Riboflavin
Vitamin B3 Nicotinamide
Vitamin B5 Pantothenic Acid
Vitamin B6 Pyridoxine HCL
Vitamin B9 Folic Acid
Vitamin B12 0.2%
Vitamin C Ascorbic Acid
Vitamin D3 100 00IU/g
Vitamin E 50%
Biotin
Silicon Dioxide
Magnesium Stearate
Manogem
PEG 6000

OTHER INGREDIENTS:

CITRIC ACID, MIXED BERRYS (Flavourant), SUCRALOSE (Artificial sweetener), SODIUM
 Directions for use: Children 3 - 6 years: Take one Tablet daily after breakfast Children 7 years and older: Take two tablets daily after breakfast
 This product has not been evaluated by SAHPRA and does not intend to diagnose, cure or prevent any form of illness or disease and should not replace any medication.

ALLERGENS:

No common allergens have been added.

PREGNANCY AND LACTATION:

Not recommended for pregnant or lactating women.

STORAGE INSTRUCTIONS:

Store in a cool, dry place below 25 degrees Celsius. Protect from light and moisture.

WARNINGS:

Do not exceed the stated daily dosage.
 If you have liver or kidney disease, or if you have been instructed to follow a low protein diet, consult a registered health care practitioner prior to use. May cause mild gastrointestinal disturbances.

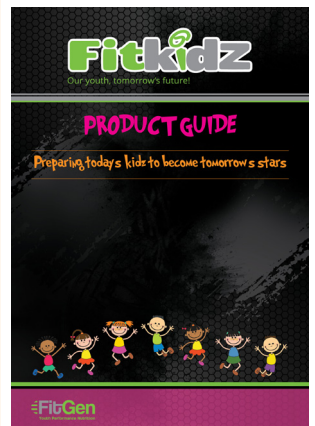
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FitKidz Vitamin C Fizzy

DOSAGE :

Children 1-3 years: Take half an effervescent tablet a day, after breakfast.

Children 4-8 years: Take 1 effervescent tablet a day, after breakfast

Children 9 -18 years: Take 1 - 2 effervescent tablets a day, after breakfast

EACH FIZZY CONTAINS:

Ascorbic Acid (Vitamin C) , Sodium, Sucralose, Colour (Sunset Yellow)

WARNING | WAARSKUWING:

NOT FOR PREGNANT OR LACTATING WOMEN.

Do not exceed the stated daily dosage.

Store in a cool dry place below 25°C

Protect from light and moisture

Keep out of reach of children

This product has not been evaluated by SAHPRA and does not intend to diagnose, cure or prevent any form of illness or disease and should not replace any medication.

D34.11 Complementary Medicines: Health Supplements: Vitamins

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